



Inspirational texts

Laudato Si, 77

"By the word of the Lord the heavens were made" (Ps 33:6). This tells us that the world came about as the result of a decision, not from chaos or chance, and this exalts it all the more. The creating word expresses a free choice. The universe did not emerge as the result of arbitrary omnipotence, a show of force or a desire for self-assertion. Creation is of the order of love. God's love is the fundamental moving force in all created things: "For you love all things that exist, and detest none of the things that you have made; for you would not have made anything if you had hated it" (Wis 11:24). Every creature is thus the object of the Father's tenderness, who gives it its place in the world. Even the fleeting life of the least of beings is the object of his love, and in its few seconds of existence, God enfolds it with his affection. Saint Basil the Great described the Creator as "goodness without measure",⁴⁴ while Dante Alighieri spoke of "the love which moves the sun and the stars".⁴⁵ Consequently, we can ascend from created things "to the greatness of God and to his loving mercy".

Question for reflexion

- ⚙ Does the idea of being in something bigger reassure or scare me? Why?
- ⚙ What, or who, is the star that lights me up when I feel lost?
- ⚙ Are there times when I feel I can be a light to the world and to others?
- ⚙ What makes me grow and makes me feel bigger?

Links to videos

Mental walk : diving into big infinity: : <https://youtu.be/MuARMr63Yoc>

The Little Prince; chapter 26: <https://www.youtube.com/watch?v=3uvfivoDF6Y&t=8s>

Bible, Genesis, 1, 14-18

And God said, "Let there be lights in the vault of the sky to separate the day from the night, and let them serve as signs to mark sacred times, and days and years, 15 and let them be lights in the vault of the sky to give light on the earth." And it was so. 16 God made two great lights—the greater light to govern the day and the lesser light to govern the night. He also made the stars. 17 God set them in the vault of the sky to give light on the earth, 18 to govern the day and the night, and to separate light from darkness. And God saw that it was good.

Quran Surah Luqman, 31, 29

Do you not see that Allah causes the night to enter the day and causes the day to enter the night and has subjected the sun and the moon, each running [its course] for a specified term, and that Allah, with whatever you do, is Acquainted?

The thoughts of Blaise Pascal, Two infinities

<https://www.gutenberg.org/files/46921/46921-h/46921-h.htm>

Links to songs

[Mon Dieu, tu es Grand, tu es Beau \(Psaume de la création\) | Chant avec paroles pour la Toussaint](#)

[Splendeur- Chanson en Hébreu tirée du livre des Psaumes](#)

[Ensemble Vocal l'Alliance - Voici la nuit](#)

[99 names of God](#)

[Song to Mary: Look into the stars](#)

The Little Prince

All men have stars, but they are not the same things for different people. For some, who are travellers, the stars are guides. For others they are no more than little lights in the sky. For others, who are scholars, they are problems... But all these stars are silent. You-You alone will have stars as no one else has them... In one of the stars I shall be living. In one of them I shall be laughing. And so it will be as if all the stars will be laughing when you look at the sky at night. You, only you, will have stars that can laugh! And when your sorrow is comforted (time soothes all sorrows) you will be content that you have known me... You will always be my friend. You will want to laugh with me. And you will sometimes open your window, so, for that pleasure... It will be as if, in place of the stars, I had given you a great number of little bells that knew how to laugh"

Activities to do

- 🌀 Look closely at the branches of the geode. Sentences have been written to help you lift your mind into the infinitely great.
- 🌀 Take the time to see what's around you.
- 🌀 Also discover the constellations under your feet and locate yourself from the Polar Star (it is the largest).
- 🌀 Share the quotes that inspire you and help you elevate yourself.
- 🌀 The sky is different depending on our position in the world, will you be able to find the different constellations (you can use google sky map for help).
- 🌀 Connexion with nature: Take time to observe sky, birds, clouds and their movement, feel the sun on your skin.